

Autism Spectrum Condition Awareness Raising Course.



- Autism Information and Advice offer an introductory awareness raising course that aims to develop a basic understanding of Autism Spectrum Condition and the diverse ways in which those living with ASC experience their condition.
- The focus of this course is on understanding and supporting **adults** living with ASC.
- At the end of this course, successful attendees will receive an **attendance certificate and lanyard.**
- Additional offer – if an organisation chooses to enrol over **80% of their staff**, a certificate will also be issued to the organisation identifying it as ‘Autism Friendly.’

This training is currently being delivered by Microsoft Teams, Zoom or Skype.

What does the course look like?

The course is divided into two parts, with part 1 focusing on the following:

- Introduction to ASC, neurodiversity and neurodevelopmental conditions
- Language and terminology
- The differences between ASC and learning difficulties
- Commonly associated conditions
- Gender and ASC

The course then ends with part 2, which focuses on applying what was learned in part 1 to the work place or sector:

- The central three challenges of ASC – communication and language, social interaction, and inflexibility of thoughts and behaviours
- Approaches to understanding and supporting these three challenges – being person centred, planning and preparation, creating a safe environment, minimising sensory disturbances, and practical advice.

This training is ***FREE*** for statutory services in Derbyshire County or for a fee for private sector organisations or those out of county.

How to book or find out more:

Email: autismservice@citizensadvicemidmercia.org.uk

Tel: 01332 228 790

Online: www.autisminformationservice.org.uk

Facebook: Autism Information and Advice.